



# Food, eating & health vocabulary



## Food group

1. Fats

## Food and health verbs

1. eat

## Frequency words

1. often

## Food/Drink

1. bread

## Body parts

1. hair

## Daily meals

1. breakfast

O F T E N E F C Q O L V R I C E D T F F W G E O  
 I X R K O N C E F V E R I S E C M Q X I A U S W  
 S S B L O O D I K G U C P S N A L Y M I L K O I  
 Y C B O N E S H E R E Y S E M I T E E R H T H I  
 H W S X V H C T S L A R E N I M M Y E W S P X Z  
 B R Q V U N A E V E R Y D A Y M D A K E R B I F  
 T B L D U B L J K S C E R E A L X R T M J Y M Q  
 A T R L L Q B S H E G H B P X F D A M I I Y K K  
 E X A E R M P T T G W V Y B J Z R S S B V S G Y  
 T H S E A H I A E U M H U E D D K N E C I U J K  
 Y B N W M D L D E C N T Q E Y H G A K M D B V N  
 M M E F Q O J J T V T C A H E I R E T M R G B J  
 S R H E C I H D O E O Z O L V Q I B M C I A J S  
 S C F O Y H I Q R Q O B P E Q S A B N F N X S V  
 N H H L S N D J R Z R R Z F N B H E H N K U N B  
 W C I I N T F S H A P L D A W F E U S W P S A P  
 S K T E K J A W C Z U R E S T P B C X E E D E B  
 E X R W K S A F T N M L O X D M D H I O E P B V  
 N N I I R T D I E I C O W T B X S V T W A H N G  
 M A K E E T S A F K A E R B E I T A Q S T L C K  
 Z B A R V G W W K S W M E J F J T D T A B I N T  
 T X S R Z G X B I Z P O Z Q B O N R E R S F Z S  
 X U V C R O I S S A N T R H P F Y H D D K Q V W  
 K E Z T V X E V O L M E I G U S E A A D P V H B

eat  
 beans egg  
 beans everyday  
 blood fats  
 bones fibre  
 bread fish  
 breakfast give  
 butter grow  
 carbohydrates hair  
 cereal help  
 cheese juice  
 chocolate like  
 cleans love  
 croissant lunch  
 dinner make  
 drink meat  
 milk  
 minerals  
 nuts  
 often  
 once  
 pastry  
 potatoes  
 protein  
 rice  
 skin  
 teeth  
 three times  
 twice  
 vegetables  
 vitamins  
 water